



Figure 10.2

STUDENT ASSESSMENT: HOW WELL DO YOU STUDY?



Rank each statement as it applies to you by putting the appropriate number in the blank beside each of these excellent study strategies. If you can't mark "Always" beside a strategy, it is one you can improve!

4 = Always

3 = Sometimes

2 = Seldom

1 = Never

I use these study strategies:

- | | |
|--|--|
| 1. ____ Take planned study breaks | 13. ____ Create my own study guides |
| 2. ____ Have a quiet place to study at home | 14. ____ Have someone quiz me |
| 3. ____ Tape record my notes | 15. ____ Have enough supplies |
| 4. ____ Focus my attention in class | 16. ____ Use a planner to schedule my work |
| 5. ____ Take time to proofread | 17. ____ Do difficult homework first |
| 6. ____ Rewrite notes into my own words | 18. ____ Ask for help |
| 7. ____ Make up missing work on time | 19. ____ Use colored pens to review notes |
| 8. ____ Spend enough time studying for tests | 20. ____ Take good notes during lectures |
| 9. ____ Study with a friend or group | 21. ____ Take good notes while reading |
| 10. ____ Plan what I need to study | 22. ____ Have a plan for taking tests |
| 11. ____ Finish my homework | 23. ____ Skim material before reading |
| 12. ____ Write neatly | 24. ____ Work towards a goal |
| | 25. ____ Keep an organized notebook |

