Section Ten • Help Your Students Become Successful Learners

25 Study Skills to Teach Your Students

Here is a list of twenty-five study skills that you can share with your students as you show them how to attack their work intelligently and efficiently. Each one is written as a student tip that you can quickly post on the board.

- 1. Attend class. Students who are in class do better than those who are absent.
- 2. Prioritize your time. You'll have to make choices about all of your activities if you want to do well in school.
- Focus your attention in class and while you are studying. Concentration is an acquired skill. Make it yours.
- 4. Plan your work as far in advance as you can. Learn to use a calendar or a planner and allow plenty of time for projects that may take longer than you think they should.
- 5. Be an active learner when you study your notes. Don't just look them over; underline or circle key points.
- 6. Pack your book bag at night and leave it by the door so that all you have to do in the morning is grab it on your way out.

"Teachers should remember how long it took them to learn some things and not overly idealize their own intellectual maturation."

-Ken Pfiefer, 28 years experience

- 7. Make sure that you write down all of your homework assignments. Trying to remember page numbers and question numbers can be confusing after several classes have gone by.
- 8. As class is coming to an end, don't just sit and watch the clock; instead, tune in to the closing or, if you're working independently, try to fit in one more problem or read one more page.
- 9. Allow enough time to study. For example, if you have homework in three subjects on the same night, you will need to spend more time doing homework than on nights when you only have homework in one subject.
- 10. Homework isn't something you should do if you have the time. It's something you must do.
- 11. Set up a comfortable study area at home where you can store your supplies and work without interruptions.
- 12. Limit the amount of phone calls you have on school nights. Make arrangements with your friends so that you can still keep up with them and get your work done, too.
- 13. Find a friend with whom you can study. You'll both benefit from the encouragement that you give each other.
- 14. Don't give in to the temptation to stay up too late on school nights. You need to have enough rest so that you won't be sleepy in class.
- 15. Take a break from your homework about every fifteen or twenty minutes. Make it a short break, but get up and move around.

